Have you ever thought about the word “unstoppable” and what it really means? I have recently learned the truest meaning of that word.

At the recent House of Delegates for the APMA in Washington, I learned that what I had thought unstoppable meant was not the truest meaning at all. At the informal Women’s Caucus there, I met women who are extraordinary. And in the truest sense of the word they are unstoppable.

Let me tell you about a few of them. These are names that you may have already heard but if you haven’t, you will. And the truly amazing thing? These are just a couple of them. There were many more there who could have been profiled here just as easily.

**Patricia Moore, DPM**
Practices in Indiana but lives in nearby Michigan. She is now known by more than just Dr. Moore when she is in hometown Buchanan, Michigan. There she is known as Mayor Dr. Moore. She has been unstoppable when it came to leading this city, known as Redbud City, where “Life is better here.”

Years ago she could not have imagined there would come a time when, as the Mayor of a Midwestern city, she would be performing marriage ceremonies and taking control of the police department in case of a civil emergency. Talk about an enhanced “scope of practice”!

**Carol Callahan, RN, DPM** is a person who calms everyone around her. No one would ever call her a self-promoter, not in a million years. But she is unstoppable when it comes to her profession, her faith and her family. Carol doesn’t try to edge out other speakers in order to make her point and because of that grace and style, when she speaks everyone in the room listens.

Carol just took office as President of the Connecticut Podiatric Medical Association and was at the HOD, representing her state’s podiatrists. She wasn’t “there for the free food,” as someone else kidded about their required presence. She was there to help others, to help other women become leaders, to help her state’s men and women podiatrists to have representation. “Class act” is the phrase that you think of when her name is brought up.

**Kathleen Stone, DPM** is known to everyone and for good reason. As a Board of Trustees’ member, Kathleen has shown that she can play in the “big leagues.” She is unstoppable in her efforts to make this an even better profession. We spoke of her ease in that sometimes difficult arena that has for so many decades been practically an all male domain. She thinks of her co-trustees as “her brothers” in the familial sense. I think that is the mindset where we all have to be eventually. Our brothers, our sisters. Someday there may no longer be a reason to have a separate organization for representation of our professions women. There may be a time when we are indeed just one big family. But until then…. 
WHAT DOES IT TAKE TO BE STATE PRESIDENT? by Laura Pickard DPM

. My Unexpected Journey into Leadership

It’s funny how the little things in your life can add up to major turning points in your career or personal life. As the saying goes, with change comes opportunity. In my case it was my return to Chicago after my residency at Cook County Hospital that set many gears in motion. I never dreamed I would practice in Chicago, but 15 years later I’m the past president of the Illinois Podiatric Medical Association and a state delegate. How did I get to this point? Well, it started with volunteering as a regional scientific chairman and working my way up to a regional president. With an interest in the major pitfalls and challenges of the insurance world, I also volunteered to sit on the state insurance committee, which eventually led me to the five year chairmanship. Meanwhile, I began making my way up the executive council ladder leading up to the presidency, another five years. The presidency was very challenging for me and I would tell anyone that the saying “You’ve got to stand for something or you’ll fall for anything” really holds true. I always tried to keep in mind what was best for all of our members during my presidency. The highlight of my presidency would be the passage of our association’s first stand-alone podiatric bill. This bill allocates more money from our state license fees to our in-state podiatric student scholarships. It is my hope that this bill will help reduce the threat of increase medical school debt which often creates undo stress upon our up-and-coming podiatric physicians. After my presidency, I began work on the APMA Health System Committee. This committee, with the help of many dedicated Board of Trustees, is making major inroads in addressing the ever changing insurance hurdles. We are very lucky to have such dedicated Trustees who are truly taking our profession to a higher level.

So where will your unexpected journey into leadership take you? Whether it’s a committee assignment, a volunteer position at a walkathon, or a state presidency, your unique perspective and knowledge is needed and required to take this profession even higher.

MIDWEST PODIATRY MEETING AAWP LUNCHEON: March 31, 2007

AAWP had a Luncheon held during the recent Midwest Podiatry Meeting at the Chicago Hyatt on March 31st.

It was sponsored by “Arthrocare corporation” and a lecture was given by Dr. Marlene Reid on Topaz for tendonopathies. We also enjoyed a lecture by Dr. Terry Albright Dean of Scholl College and past APMA president. His lecture was very informative and included descriptions of the new additions to the Clinics, research funding and building projects.

The luncheon was well attended, and included our new APMA president Dr. Chris Robertozzi and past AAWP president , and current Board of Trustees member Dr. Kathleen Stone. We had 3 of the 4 current board members present, including current vice president Dr. Kim Eickmeier, current secretary Dr. Lisa Schoene, past presidents Dr. Jane Anderson, Dr. Marlene Reid, and also present was past executive director Dr. Colleen Schwartz.

Raffle prizes were awarded and a total of $370.00 was raised for scholarships.

STUDENT CHAPTER UPDATES:

SCHOLL COLLEGE STUDENT CHAPTER NEWS:

Dr. Lisa Schoene (current secretary) and Dr. Marlene Reid (past president) lectured to the student AAWP chapter at Scholl College on March 7th. The informal lecture included many topics, including residency issues, pregnancy, children and how it all fits together while practicing Podiatry. Various types of practices were discussed as well as the possibilities of working part time or full time. Many other Podiatric topics and practice tips were discussed making it very informative for the students.

Later that month the AAWP chapter and the Practice Management club members attended an open house at Dr. Lisa Schoene’s office, where a practice management talk and tour of the office was given. Discussions centered on building and maintaining a practice, with lots of practice management pearls were shared with the students. Pizza and soda were enjoyed by all.
GOOD THINGS COME TO THOSE THAT CREW!!

REGISTER AS A MEMBER OF THE

AVON WALK FOR BREAST CANCER CREW!

The Avon Walk is a large scale, outdoor event that takes Walkers on a 39.3-mile journey over two days. Avon Walk for Breast Cancer is the latest in a series of fundraising programs benefiting the Avon Foundation Breast Cancer Crusade. The Avon Foundation, a 501(c)(3) public charity, was founded in 1955 with a mission to improve the lives of women by supporting programs that offer economic opportunity and provide care and research for breast cancer in the U.S. and around the world. In support of women’s health, the Avon Breast Cancer Crusade began in the U.K. in 1992, and has expanded to 50 countries. Funds are raised through a wide variety of special events, product sales, walks, runs, concerts and other marketing initiatives worldwide. The focus is on reaching the medically underserved population, including minorities, the poor, elderly, under- and uninsured, with a mission to fund access to care and finding a cure for breast cancer. Since 1992 the Avon Crusade has returned more than $400 million net to breast cancer care and research organizations worldwide.

This year thousands of extraordinary committed people will spend an entire weekend walking to help fund access to care and finding a cure for breast cancer. Thousands of feet will take a beating in their heroic effort to walk either a marathon or a marathon-and-a-half marathon over the course of two days. They will be supported by an all-volunteer CREW, including a team of Podiatrists & eligible Podiatry Students. Please consider registering to support this wonderful event!

WHAT IT TAKES!

- A commitment of one weekend – Check the dates in your area!
- A $55 registration fee (includes all your meals, lodging for the weekend)
- Share your expertise and skills with those in need on the event, help to keep these walkers going!
- Help those who are walking for the cause. This will be a very rewarding experience!
Have fun, inspire people, and make a difference!

HOW TO GET INVOLVED:
Contact: Kella DiDonna
773 248 3120 x 27 or kella.chicago@avonwalk.org
Washington DC: May 5-6
Boston: May 19-20
Chicago: June 2-3
Denver: June 23-24
San Francisco: July 7-8
Los Angeles Sept 15-16
New York: October 6-7
Charlotte NC: October 20-21

NEW MEMBERS, WELCOME TO THE AAWP!

LAURA J. PICKARD, DPM  HELENA REID DPM
DEBRA BANKS BEDGOOD, DPM
NOUSHIN SHOAE, DPM
ADITI SHASTRI, DPM
KATANGA MCCOY, DPM
KARIN JOHANSSON, DPM
COLLEEN SCHWARTZ, DPM
KATHERINE BAILEY, DPM
WEST COAST PATHOLOGY LAB:
West Coast Pathology Lab is a supporters and sponsors the AAWP Scholarship fund. When an AAWP member uses the laboratory, money is forwarded back to the AAWP towards scholarships. In the past 3 months, $675.00 was put into this fund.
Please support this lab and use it for your pathology needs.
They are located at:
712 Alfred Nobel Drive
Hercules, CA 94547
800-794-9737
www.wcpl.com

QUESTIONS ABOUT JOINING? CALL OR E-MAIL OUR TREASURER DR. CAROLYN MC ALOON OR VISIT OUR WEBSITE; AAWPINC.COM

AAWPINC.COM

SERVING WOMEN PODIATRIST’S NATIONWIDE!

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COMING TO THE WESTERN FOR THE AAWP LUNCHEON!
JOIN US FOR THE AAWP LUNCHEON AT THE WESTERN PODIATRY CONFERENCE ON JUNE 23RD.
DR. SHERYL STRITCH WILL BE THE SPEAKER;
“PODIATRY AFTER PRIVATE PRACTICE”

YOUR DUES AT WORK: WHAT DO THEY REALLY PAY FOR?

What Do Our Dues Do??????

Every year, AAWP awards five $1000 Founder’s Scholarships to rising seniors. They are carefully chosen based on GPA (minimum of 3.0 cumulative) and activities. We also give to APMA Educational Foundation, and we are rapidly approaching a level of $50,000. Those scholarships are awarded to deserving female students. We are planning to increase the number of $1000 Founder’s Scholarships, with hopes of awarding 6 each year, one for each of the Podiatric Medical Colleges.

We now sponsor luncheons with speakers at several of the major podiatric medical conferences, including the Midwest, SAM, and Western. In addition, we sponsor a luncheon with our Annual Meeting each year at the APMA. This is the venue for our business meeting and election of officers.

Three years ago, we began sponsoring a Women’s Caucus at the APMA House of Delegates. We meet with female Delegates and leaders from across the country in an informal forum. These women, along with the APMA Board of Trustees, have discussed ways to help achieve parity within our profession.

There are, of course, administrative costs such as postage, printing, website maintenance, etc. We, as a board, work very hard to keep these costs to a minimum.

How else would you like to see your dues spent? Let us know. Visit our website and email your board members. Better yet, serve on a committee or the board. We can always use your help!

(If you are interested in serving, contact the head of the nominating committee, Dr. Jane Andersen at JAnder1130@aol.com)