



American Association for
Women Podiatrists, Inc.

Serving Women Podiatrists Nationwide



Welcome to the American Association for Women Podiatrists, Inc.

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Secretary's Report

Sheryl Strich, DPM



Every time I send out an e-mail blast or a newsletter, someone always contacts me with either new information, corrections or questions. I'm pleased to see that members take an interest in what is going on in AAWP. Currently, we are a small but important group for women in podiatry.

We understand the professional vs. family needs of women podiatric physicians. We are not afraid to tell each other when family matters come first.

Recently the board tried to organize a meeting with just five people. It was impossible to come up with a date when all five of us would be able

to attend. There were family reunions, child-care issues, long awaited vacations, children's competitions. Each one of us had our own family obligations that could not be ignored. We provide a safe haven for family issues in the professional arena.

In this issue, there are updates from the AAWP student chapters. They are running projects that benefit their chapter, their school and their community. We in turn provide five scholarships for female podiatry students. A current theme from the

students is that they want to meet with women podiatrists in the community. One of our goals is to establish a mentor program and possibly starting local AAWP chapters.

We are in the process of establishing committees: membership, mentoring, nominating, publicity and education. With all the webinars available, it is really easy to hold meetings across the country. So please, think about it, and if you are interested, contact me: sstrich@americanwomenpodiatrists.com

Thank you to our webpage sponsor:



BOARD OF DIRECTORS



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• **Past President:**
Kathleen Satterfield, DPM
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What's New

Check out our new website: www.americanwomenpodiatrists.com

It made it's debut February 7, and is the first name that comes up when 'woman podiatrist' is googled. This means it will be easier for new patients to find you when they look in our "Find a podiatrist" section.

KUDOS to the following members:

HAL ORNSTEIN, DPM who will receive the 2009 PM Lifetime Achievement award and will be inducted into the PM Podiatry Hall of Fame as part of the APMA



Scientific Meeting in Toronto. Dr. Ornstein is Chairman of the American Academy of Podiatric Practice Management.

Deana Donaher, DPM has accepted an invitation to participate on the Chapter Excellence Committee on behalf of The Arc of the United States.

Salute to Our Students

This year AAWP has created a student liaison position. This student acts as the connection between the various student chapters and the AAWP executive board. She will also be assisting us at the national meeting in Toronto.

The student chapters of AAWP are very active within their individual schools and in the community.

Although times have

changed, they face many of the same issues that we faced when we were students.

When asked what they would like from AAWP, they have all responded that they want to meet women podiatrists who might speak to their groups and or act as mentors. If you are interested, contact either your school, or one close to you.

- **APMSA liaison: Tomika Coleman**
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- **Temple president: Maryellen Brucato**
mbrucato@americanwomenpodiatrists.com

California Advisory Board Basketball Tournament (CAB)

This year there are five women's teams competing. The tournament is being hosted by the California School of Podiatric Medicine, held on the University of San Francisco campus on March 27 and 28. This annual tournament is a wonderful way for students to network and enjoy a little friendly competition.



Last year's winning team: OCPM

Barry University

Desiree Mayo, Barry AAWP President

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Barry University's AAWP chapter has so far been involved with the "American Cancer Society-Breast Cancer Walk" in October. We attended the walk in downtown Fort Lauderdale, Florida as well had a guest speaker come in and educate and inform our members the importance of Breast Cancer. During the holidays, we had a shoe drive for "Soles for Souls." It was a great success, collecting over 5 boxes of new and gently used shoes. After winter break, we recently had a "Clinical

"We have the best turnout when we have a panel of female podiatrists discussing our role as being female in this profession."

Basic Skills Workshop" with two other organizations showing students how to find pedal pulses and vital signs. March 24th, our adviser Dr.

Jacqueline Brill, will show our members how to do a "Foot Screening Evaluation". We will also be participating in "Relay for Life-American Cancer Society" in April. Our main event of the Year is "The View" on April 7th. In this

"The View"

"Soles for Souls"

"Clinical Basic Skills Workshop"

"Foot Screening Evaluation"

business casual event, we invite number of female podiatrists

consisting of 4th years, residents, and podiatrists, to sit in as a panel and discuss our role as a female in this profession. They answer many questions the students are concerned about and re-assure us with their experiences and knowledge. This is always are best turn out

Temple University

Maryellen Brucato, Temple AAWP President
Mbrucato@americanwomenpodiatrists.com



The AAWP (American Association for Women Podiatrists) Temple Chapter has been very active this past semester. We started off the year with a "welcome back" picnic for members that was held at Benjamin Franklin Park, and featured food and raffle prizes. AAWP also had a "wine & cheese" event for all the first years and the officers allowing the first years to ask the officers any questions they might have about starting podiatry school as well as giving the opportunity for the first years to learn more about our organization. It was very fun and the officers toasted the first years! The club also had an introductory meeting as well as a meeting that featured Dr. Jane Pontious of TUSPM as the main speaker. She spoke about the challenges and adversity she faced while in train-

ing as well as in her career. All agreed she was very inspiring. The club also headed "clinic staff appreciation day" where we collected personal notes of thanks from students and distributed them to the clinicians and clinic staff. The club sponsored a

"Wine and Cheese"
"Dr. Jane Pontious: Challenges Adversities while in training"
"Clinical Staff Appreciation Day"
"Networking"
"Toy Drive"
"Pot luck lunch / Salsa Dancing"

"members only" luncheon in the board room at TUSPM where food from Maggiano's was served and all the female clinicians were invited

to. It was a lovely networking event. We also held two fundraisers that also served as social functions: a potluck lunch and salsa dancing lessons. Both events were well received. The club sponsored a toy drive in which we collected over 30 toys for the people's emergency center which is a shelter for women and children right here in Philadelphia. The club sponsored a meeting in February which featured Dr. Marinalda Rodriguez, the new attending at TUSPM. The club is currently in the midst of planning an April meeting, dance lessons, and a lunch to honor Dr. Elaina Wellins, our chosen Woman Podiatrist of the Year. Additionally, the club has created an award to honor a graduating woman who has over-

OCPM

Amanda Allen, OCPM President
aallen@americanwomenpodiatrists.com

Our group has done numerous activities this past year including:

- Blood Drives (every 3-4 months)
- Free Clinic (once a month)
- Annual Clinical Symposium (co-sponsored by OCPM OPMSA)
- Spring semester Finals Breakfast
- Bake sales (Valentine's Day and Halloween)
- Chili Cook-off (held in Fall)
- Annual Flag Football Tournament



We are currently working with a podiatrist at OCPM to put together a video bank of Pediatric Gait in order to hold an annual Pediatric Gait Analysis Workshop. We also hope to have a local woman podiatrist speak to our members. We are a very active organization in the school and one of our goals this year is to reach out to the community more. The new Board members are full of great ideas to help us achieve our goal.

CPMS Des Moines

Sheryl Hanawalt, CPMS AAWP President
 shanawalt@americanwomenpodiatrists.com



The CPMS chapter started off with a dermatology lecture by Dr. Bakotic. A beginners golf clinic was scheduled, but unfortunately will have to be re-scheduled due to the weather. Members volunteered at Wesley Acres talking to the residents and taking them on walks. In October, AAWP returned to Wesley Acres to help the grounds crew rake leaves, pull weeds and paint curbs to get the campus ready for winter

Game night was held in November. Members also participated in a Senior Health Fair to provide information on foot care. They performed peripheral vascular disease screenings.

In December, Dr. Frerichs spoke to

- “Podiatric Lectures”
- “Working with Seniors”
- “Peripheral Vascular Screenings”
- “Volunteering at Women’s Resource Center”
- “Suture and Skinplasty Sessions”



Clean up Day

the club about her experiences in school and residency, opening up the floor to questions.

January, Dr. Frerichs lectured on Obesity and the Pediatric Foot.

Starting in March members are volunteering at the Young Women’s Resource Center Clothing Closet sorting clothes and helping young women choose clothing.

In April, Self defense classes will be given by DPM 2009 student and former policeman, Roger Drown. There will also be a su-

ture and skin-plasty session.



Game Night

CSPM Samuel Merritt

Elizabeth Gero, CSPM AAWP Treasurer
 egero@americanwomenpodiatrist.com



The AAWP of CSPM had an eventful year. It all started in October with an AAWP dinner. At the dinner, Dr. McAloon talked about life as a woman podiatrist. She was inspirational and answered all our questions. In December the AAWP put together a self defense workshop for the entire Samuel Merritt University student body. It was a helpful event for all that attended. The next event was the Napa Valley Marathon in March. The AAWP worked with other doctors at the marathon treating and assisting all runners. In March, the AAWP hosted a lecture given by Dr. Prasad. Dr. Prasad gave a very helpful lecture about podopediatrics. She even brought along her son as a live demo. It was a great turnout with first through fourth years attending. We hope to get Dr. Prasad to speak again soon. The AAWP also put together a fundraiser this year selling Maxwell books. The books were a seller and benefited all students who bought them.



**American Association for Women
Podiatrists, Inc. (AAWP)**

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949-854-3636

For membership information:
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We're on the Web

WWW.americanwomenpodiatrists.com

Upcoming Events:

AAWP Hosts Women's Forum at the
House of Delegates Meeting
JW Marriott Hotel
Washington, DC
keickmeier@americanwomenpodiatrists.com
4:00pm - 5:30pm
March 21, 2009

AAWP Meeting at the Midwest Podiatry
Conference
Plaza Ballroom A on the Green Level,
East Tower
keickmeier@americanwomenpodiatrists.com
12:00 - 1:30 pm
April 4, 2009

2009 Annual AAWP Meeting
National 2009 APMA Annual Scientific
Meeting, July 30 - August 2, 2009
Toronto, Canada



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Mission Statement:

The American Association for Women Podiatrists, Inc. (AAWP) a related organization of the American Podiatric Medical Association (APMA) provides leadership in the advancement of the educational, political, financial, social, and emotional well-being of our members. We work in cooperation with other practitioners, the colleges, businesses, groups and other individuals.

In support of this mission, we are committed to:

- 1. Serving as the national source for women's podiatric education and information; and*
- 2. Serving as a communication link and a support network for our membership*

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949-336-2433 or
[mkhoui@khourilaw.com](mailto:mkhouri@khourilaw.com)

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It is extremely important today that every health care provider obtain experienced professional representation in responding to a

Medi-Care/Medi-Cal notice. There are many legal issues raised by a Medi-Care/Medi-Cal audit which, if not resolved properly, could